



## DAY CAMP PARENT PACKET

Updated: 5/16/2018



### Welcome to River of Life Camp!

**We are so excited to have you here this summer!** Thank you for choosing to send your child to River of Life Camp. We have an action-packed Summer planned for our campers that they will be talking about for years to come. To make the process of sending your child to camp as smooth as possible, we have created this document to give you all of the information that you will need to know for Day Camp.

### River of Life Camp Goals

Here are some of the goals we have for your child this summer. We want them to...

- **Explore nature.** We want every camper to experience the enjoyment of God's creation and to see His handiwork in everything.
- **Engage community.** We want every camper to take part in our temporary community for learning, growth, and friendship within a positive, safe, and encouraging environment.
- **Enjoy participation.** We want every camper to have a fun and interactive experience while participating in our many different activities.
- **Experience the love of Christ and grow in relationship with Him.** Our hope is that every camper will leave River of Life Camp this summer with a greater understanding that they are loved by Jesus Christ, and that He wants to be involved in their daily lives. This idea will be taught in the Bible lessons and will be reinforced through daily Bible reading and relationship building with the supportive River of Life Camp staff.

## Forms and Payments

When you signed your child up for camp, you signed up for a CampInTouch account. We would encourage you to sign into your account and get familiar with it.

With CampInTouch, you will be able to:

- Complete the three required camp forms:
  - Health History Form
  - General Release of Liability Form
  - Horse Release of Liability Form
- Update your child's information if needed.
- Update your contact information if needed.
- View your financial statement and make payments.
- Fund your child's snack shack account.

When it comes to the first day of camp, our goal is to get you through the registration line as quickly as possible. **To make that happen, we encourage you to complete all of the necessary forms and payments at least 1 week prior to the day that your child's camp starts.** Of the three additional forms, the Health History Form will need to be completed online (just like you did with the application). If your child went last year, you just need to update that Health History Form for this year. The other two forms (the General Release of Liability Form & Horse Release of Liability Form) can be scanned and uploaded onto your account or faxed to the number listed on the bottom of the form after they have been signed. If you are unable to scan or fax them, you can mail them to our physical address no closer than 1 week before the start of camp. The same is true with your balance. If you send a check, please do so no closer than 1 week prior to camp.

## Cancellation and Refund Policy

This policy has been established due to the increased demand for available camper space and to insure fairness to all who wish to attend River of Life Camp.

- River of Life campers that cancel 30 days or more before the day their session begins will be refunded all of their tuition except for the deposit.
- River of Life campers that cancel 29 to 15 days before the day their session begins will be refunded half of the tuition minus the deposit.
- River of Life campers that cancel 14 days or less before their session begins will forfeit their entire tuition and deposit.
- In case of family emergencies or camper health problems (with written doctor's orders), the Director of River of Life Camp reserves the right to waive the forfeiture of tuition fees and deposits at his discretion.

## Drop Off & Pick Up Times

**The drop off time for day campers begins at 7:00AM each day.** Our program starts at 8:00AM, so anytime between 7:00AM and 8:00AM would be a fine time to drop your child off. **Pick up time is at 4:00PM.** If you need a later pick up time, please arrange it ahead of time. We do offer child care if for some reason you are unable to pick up your child before 5:00PM. Our child care cost is \$2.00 per hour after 5:00PM. We would love to work out a plan that works best for you and your family!

## Health Care at Camp

When needed, campers are taken to the Emergency Room at the North Country Hospital in Newport, VT. This is a 20 minute drive from camp. Camp policy is to contact parents/guardians regarding any medical or emergency health care during your child's stay at camp. If parents/guardians cannot be reached, emergency contacts will then be called. Campers that need ongoing medical attention may be asked to recuperate in the comfort of their own home.

**Medications:** To receive prescription medications while at camp, please list them on the Health History Form. Medications can only be administered exactly as ordered by the doctor. All medication provided to the camp nurse must be in original containers with the label matching the camper's name. Please bring the appropriate amount of each medication as well as an extra day of medication for precautionary measures.

**Inhalers:** If your camper needs to carry an inhaler, please bring a doctor's note giving permission to carry the inhaler and bring two inhalers—one for the camper and one for the nurse or counselor.

## Behavior Management Policy

River of Life Camp's program is designed to help create a safe and caring community. We utilize a number of behavior management techniques to provide this kind of community. These techniques include:

1. Time outs
2. Conflict resolution
3. Encouragement of good behavior
4. An environment that promotes forgiveness

**River of Life Camp does not use any methods of physical or humiliating discipline.** Misbehavior is handled on an individual basis, first by the counselor, then the Supervisor, and if needed, the Director. Parents/Guardians will be notified of any serious occurrence. Occasionally campers are sent home in extreme cases (for example: disregard for authority, fighting, bullying, or the possession of any banned substance). In these cases, parents are responsible for providing transportation and there is no refund.

## General Camp Rules

1. Hands are for helping. No throwing rocks or sticks, hitting, towel snapping, play fighting, or wrestling.
2. Respect the boundaries. Campers are not allowed in the woods except for paintball, program games, planned events, or with a counselor and group.
3. Girls are not permitted in the boys' cabin area and boys are not permitted in the girls' cabin area.
4. Cabin raiding and pranks are not acceptable.
5. Respect your counselors, fellow campers, and their property. Everyone at River of Life Camp is entitled to personal space.
6. No put-downs, verbal threats, or ridicule. No profanity or inappropriate language – be positive! Report bullying and unkind acts to keep everyone safe.
7. Respect the environment. No graffiti of any type (writing or carving). No climbing trees or bending down saplings. Pick up litter and dispose of it in trash cans.

8. No contraband. Radios, CD players, iPods, cell phones, video games, magazines, pocket knives, matches, fireworks, and any other weapons are not to be brought or used at camp. If they are found, they will be confiscated and turned in to the Director. They will be returned at the end of the week.
9. Campers are not allowed to have money on them. It must be deposited into their Snack Shack account at registration.
10. Absolutely no running, jumping, or climbing on the bridge.
11. Campers need to be modestly dressed at all times and wear shoes. Shoes can be taken off at the pond and volleyball court.
12. No camper is allowed by the pond or river without proper supervision.
13. Sharing of beds is not permitted.
14. No Public Display of Affection (PDA) - Hugging, kissing, holding hands, etc.

## **Swimming Evaluations**

All campers wishing to swim for any part of the camp session must complete a swimming evaluation on the first full day of camp. This is not a test, but an evaluation to place campers in the appropriate swimming areas. Safety is our primary concern when assigning swim areas. A certified lifeguard will be present during all swimming activities. We not only have an evaluation on swimming capabilities, but also for the proper use of our "blob". The "blob" is only available for campers who are 10 years old or older.

## **Lost and Found Policy**

All lost and found items are placed on a table and can be claimed throughout the week. They are kept for two weeks after each session. After two weeks, items are donated to a local thrift shop. Items will need to be collected from River of Life as the camp cannot mail any items. River of Life Camp cannot be held responsible for lost, stolen, or damaged personal property. Please mark all items with a permanent marker so we know who to call if we find a missing item.

## **Field Trips**

River of Life's Day Camp will be going on field trips! Below is the field trip schedule for the summer. There will be permission slips to hand out the Monday before our field trip (which will take place on Wednesday unless for some reason we must change it). We will also let you know of anything out of the ordinary that they should bring that day!

**Weeks 1-5:** No field trips

**Week 6:** All group field trip to The Basin (Franconia Notch)

**Week 7-9:** No field trips

**Week 10:** All group field trip to Sweet Scoops ice cream in Derby

## Day Camp Packing List

### What to bring to camp:

- Bible (if you have one!)
- Sunscreen
- Bug spray
- Rain gear
- Medicines (in original bottles in a zip lock baggie with your child's name on it)
- Bathing suit (1-piece modest suit or t-shirt cover-up)
- Beach towel
- Jacket
- A change of clothes
- A backpack or other zipped bag to hold everything
- Sneakers
- Water bottle (optional)

### What NOT to bring to camp:

- No tight-fitting clothes
- No clothes with inappropriate or offensive slogans
- No electronics (cell phones, tablets, mp3 players, etc.)
- No guns, knives or weapons of any kind
- No chemical substances (drugs, alcohol, etc.)
- No valuable jewelry
- No money that is intended to stay with the camper. Money for our snack shack days (once a week) can be dropped off at registration that morning.

## Final Reminders

Thank you for taking the time to read through all of this information. Our desire is to make the process of sending your child to camp as easy as possible. We would like to leave you with a check list of things to do before you come to camp.

- Complete the three required camp forms in your CampInTouch account
  - Health History Form
  - General Release of Liability Form
  - Horse Release of Liability Form
- Pay your camp balance.
- Use our packing list to prepare for camp (mark everything you can with your child's name).
- Review camp rules and policies with your camper as appropriate.
- Optional: Fund your child's snack shack account (you can do this when you get here as well).

If you have any questions or concerns, feel free to call us anytime! Thank you for choosing River of Life Camp for your child. We can't wait to see you this summer!